



#7 A Journey through Ephesians

RU Covered?

## Ephesians 6:18-19

*And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel...*



# 1. What Praying in the Spirit is NOT:



Praying in the Spirit is...



# 1. Praying in the Spirit

- God still hears the cry of a repentant sinner
- Praying in the Spirit is the privilege of all His saints

# Ephesians 1:15-23

*For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, I have not stopped giving thanks for you, remembering you in my prayers.*

*I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.*

*I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe.*

*That power is the same as the mighty strength he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come.*

*And God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the fullness of him who fills everything in every way.*



## 2. Praying with the Spirit is Versatile

- All occasions
- All kinds of prayers

# 3. Praying with the Spirit is Productive

## (a) Speaks to God

**1 Corinthians 14:14-15** *For if I pray in a tongue, my spirit prays, but my mind is unfruitful. So what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will also sing with my understanding.*

# 3. Praying with the Spirit is Productive

## (b) Intercedes

**Romans 8:26-27** *In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.*

# 3. Praying with the Spirit is Productive

## (c) Builds Faith

**Jude 20-21** *But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.*

## 4. How to Pray in the Spirit

- (a) Admit your Need
- (b) Enjoy His Presence



Experiencing His presence  
will seem more important  
than any petition  
you are going to make

(Martin Lloyd Jones *"The Christian Soldier"* P82)



4. How to  
Pray in the  
Spirit

## 4. How to Pray in the Spirit

- (a) Admit your Need
- (b) Enjoy His Presence
- (c) Be Alert and Pray

#### 4. How to Pray in the Spirit



*City of Leeds*

Prayer is the covering  
over all the armour.

